Prayer is talking to God as you would talk to a friend. Prayer is essentially the way in which we communicate with God.
1. As a group or with a friend discuss:

A. What do you think prayer is? Prayer is talking to God. Or it is essentially a form of communication with God.

B. Why do you believe prayer is important? Prayer is important because it way in which we keep our connection to God. It is the way we communicate with Him.

C. Do you think a person can be a Christian and not pray? Absolutely NOT! You cannot call yourself a Christian and do not pray. Prayer is communication with God and our connection to Him. If we do not pray we have no connection.
Question Cont. #2

• Individually or as a group, examine the two versions of the Lord’s Prayer (Matthew 6:9-13 and Luke 11:2-4) found in the gospels. Matthew record his prayer as the Lord was giving His Sermon on the Mount. Whereas Luke recorded his as a result of the disciples asking Jesus to teach them how to pray.

• A. What are the Differences?

• In Matthew’s version the Lords prayer is longer, Luke's’ version is shorter. Matthew (vs.13) ends with “For yours is the kingdom the power and the glory.” Luke left that section out of his version.
Question #2 cont.

• B. When might one of the versions be more appropriate than the other in your spiritual life? This is very personal question with no set answer.

• C. Why do you think the Lord’s Prayer is so important to Christianity? To you? The Lord’s prayer is a model prayer provided by Jesus for us to follow. It contains Praise, thanksgiving, repentance, and recognition of the supremacy of God in our lives. It also serves as a unifying force as Christians of different denominations repeat the same words around the world.
Question #3

• Locate six Prayers in the Bible (use at least 2 of Jesus’ in the new testament and 2 in the old testament) Read or listen to each prayer.
• B. Discover who prayed, what the person/persons prayed for, and why they prayed?
• C. Discover the result of each prayer. Below are a few examples:
  • Hannah’s prayer (1 Samuel 2:1-10), The Lords Prayer (Matthew 6)
  • David’s Prayer (Psalms 61) Jesus’ Prayer to His Father in Gethsemane just before His crucifixion (Matthew 26:39-42)
  • Elijah’s Prayer to God for rain (1 Kings 18:36)
  • Prayer 6 & 7 (Luke 18:9-14) this pray shows some people who are confident or boastful in their own righteousness and looked down on everyone one else

• The story as being told by Jesus contrasts two types of prayers- one by a self-confident religious person and the other by a tax collector, presumably who cheated people and certainly was hated by his fellow Jews for collaborating with the Romans. The first person prayed publicly to show off his good deeds. He did not believe that he needed forgiveness! The tax collector simply sought mercy from God, admitting he was a sinner.

• We do not know under what circumstances Jesus told the story, perhaps he told it over and over as he traveled from town to town. In the 2014 movie Son Of God, Jesus is portrayed telling the story to a Pharisee { who likely prayed the first prayer himself} in front of Matthew’s tax collector table. Matthew mouths the words of the tax collector’s prayer along with Jesus, clearly recognizing himself in the parable.
4- List the ACTS for prayer and give an example of a prayer of each type in the Bible

• **A- ADORATION** (Praise) Many of the Psalms are sung as prayers of praise. A short and sweet example is found in the New Testament book of Jude “To the only wise God our Savior, be glory and majesty, dominion and power, both now and forever, Amen.” (25)

• **C- Confession**-Psalm 51 is King David’s prayer of confession after he used his power to commit adultery with Uriah’s wife and got her pregnant and tried to cover up his sins and then arranging for Uriah to be placed in the head of the battle field so that he would be killed (which did happen). Even after all of this David had no remorse in his heart, he showed no true repentance. God allowed David to live until he was told about what he did by a messenger of God. After he realized how wrong he was he felt sorrow and went to God confessing his sin.
• **T-Thanksgiving**— “Give thanks to the Lord, for he is good, His love endures forever.” {Psalms 107:1} Psalms 75:1, Psalms 92:1-4 (Sabbath Psalms)

**S- Supplications {Requests}** - One of the most famous is the Prayer of Jabez found in 1 Chronicles 4:9-10- Jabez cried out to the Lord, God of Israel saying, “Oh that you would bless me indeed and enlarge my territory! Let you hand be with me, and keep me from the evil one.” God granted him his request.
Question #5

As a group or with a friend, read and listen to and discuss the chapter on prayer in the book Steps to Christ by Ellen G. White. Title on prayer is called the Privilege of Prayer (You can get the book from your home library or download it for free).

6- As a group or with a friend, discuss how you have seen God answer personal prayer, whether your prayer or those of a friend or a family member. Use the time to share your testimonies.

7- Develop a personal prayer life by praying daily for a month for the following: (It will be a good thing to start a prayer journal)
#7 Cont.

• A. Mission/ missionary
• B- Person{s} who are ill.
• C- A Church or school leader
• D- An issue {s) affecting the neighbors of your community.

Share your experience with your group or instructor. Sharing your experience will help confirm your completion of this requirement. Prayer will also make you more aware of other people needs.

8- Pray with someone that has a physical, emotional or Spiritual need. This should be quite easy to fulfill since mostly everyone has one or more needs.