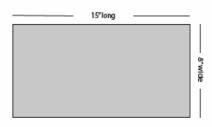


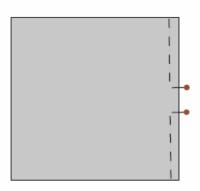
How to sew a surgical face mask





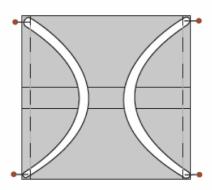
1

Cut one cotton rectangle, 8" wide by 15" long. Cut two 6.5" pieces of elastic.



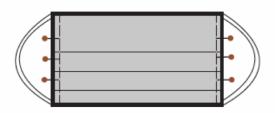
2

Fold in half (right-sides together) and sew along the top edge, leave a 2" opening for the pocket.



3

Sandwish the elastics between the layers of the mask. Pin in place at the coners, and sew along each side.



4

Turn the mask right side out. Fold 3 evenly spaced (about 1/2") pleats. Pin in place and sew to secure.

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