How to sew a surgical face mask

1. Cut one cotton rectangle, 8" wide by 15" long. Cut two 6.5" pieces of elastic.

2. Fold in half (right-sides together) and sew along the top edge, leave a 2" opening for the pocket.

3. Sandwich the elastics between the layers of the mask. Pin in place at the corners, and sew along each side.

4. Turn the mask right side out. Fold 3 evenly spaced (about 1/2") pleats. Pin in place and sew to secure.

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