

This honor was presented by the:



LAKE UNION  
**Club Ministry  
Academy**

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# RED ALERT HONOR





# You are the expert

- ❖ Watch a series of virtual reality videos
- ❖ Observe carefully
- ❖ In the chat room discuss what should be done after each video
- ❖ Answers to the questions revealed
- ❖ Sit back with your snack and enjoy the show

# Burning Building



## Fire in any Building

- ❖ Stay Calm, call the fire department or 911
- ❖ Feel the door before opening, if it is hot do not open
- ❖ Get out of the building (if possible)
- ❖ Pull the fire alarm to alert other people (if it's on your way out)
- ❖ If smoke: Stop, drop & crawl out of the building

# What do you do if your clothes catch on fire?



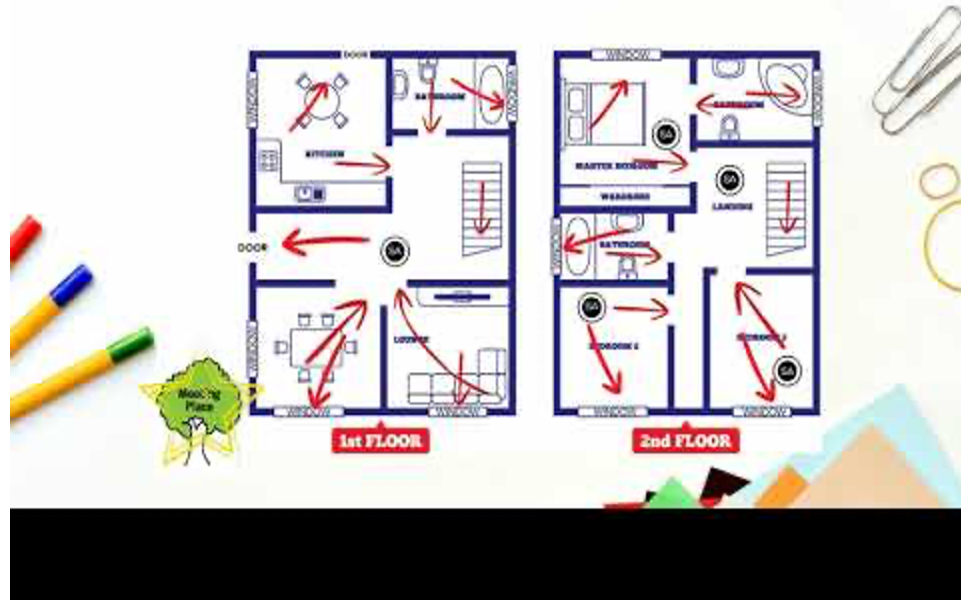
# Clothes on Fire!!!!!!

- ❖ Stop
- ❖ Drop
- ❖ Roll
- ❖ Blanket

## Homework for this Honor

- ❖ Draw an escape plan for your home
- ❖ Send it to: Club Director

# Emergency Escape Plan



# Blizzard





# If you are Stranded in a Car during Blizzard

- ❖ Make sure all windows and doors are closed
- ❖ Make sure the car is turned off
- ❖ Clear off the car when the snow stops
- ❖ Drink water
- ❖ Stay with the car

# Car Crash



# Motor Vehicle Accident

- ❖ Call the police
- ❖ Stay calm
- ❖ Stay out of traffic
- ❖ Try to get everyone out of the car safely.



# Earthquake



# Earthquake

- ❖ Stay calm
- ❖ Get under a heavy table or stand in a doorway
- ❖ Once the building stops shaking, get out of the building
- ❖ Be alert for broken gas lines or downed electricity
- ❖ In coastal areas be aware of tsunamis
- ❖ Only call 911 if someone is hurt

# Floods



# FLOODS

- ❖ Stay on higher ground
- ❖ If you are swept away outside of a vehicle keep your feet pointed downstream (same if you fall out of a canoe), and keep your head protected from sharp objects
- ❖ If you are in a car, if possible, crawl out of the window before it is submerged
- ❖ If your car is submerged, wait for the water to reach the car ceiling, then the doors will easily open, swim out

# Atomic Attack





# Atomic Attack

- ❖ Take shelter, underground if possible
- ❖ Take potassium chloride to protect your Thyroid
- ❖ Emergency kit
- ❖ Mask to cover nose, mouth and eyes

# Tornadoes



# Tornados

- ❖ Listen for the community warning system
- ❖ Go to the basement
- ❖ If no basement, go to the center of the house
- ❖ A bathtub can provide shelter or get under a heavy table
- ❖ Listen to the radio
- ❖ During the tornado, do not go outside if there is silence

# Camping in a thunderstorm



# Thunderstorms

- ❖ Stay away from trees, tall objects, water and objects made of metal
- ❖ Get inside of a shelter
- ❖ If your hair stands on end drop to your knees and place your hands on your knees
- ❖ Do not lay on the ground

# Stuck in the desert



# If you are Stranded in the Desert

- ❖ Find shade if possible
- ❖ Put on more clothes to hold your body's moisture
- ❖ Stay near the car
- ❖ Collect water off the car in the morning from the dew

# What Information is Needed for an Emergency Call?

## *Four N'S -911*

- ❖ Name
- ❖ Number
- ❖ Nature of emergency
- ❖ Now abouts

*Always hang up last*



# How to Stop the Bleeding?



# How to Stop the Bleeding?

- ❖ Lay the person down
- ❖ Elevate the bleeding area above the head, if possible
- ❖ Apply pressure with cloth
- ❖ Wrap tightly
- ❖ If bleeding does not stop quickly, take the person to the emergency room

# Choking Child



# Choking Baby



# Choking Child

- ❖ Turn the child on their stomach on your lap with their head down at a 45% angle
- ❖ Four sharp blows to the middle of the back
- ❖ Listen for breathing
- ❖ If no breathing call 911 or yell for help
- ❖ In no breathing turn the child over and (with head lower than the body) give four chest compressions mid-sternum

# Choking Adult



# Choking Adult

- ❖ Ask “Are you choking?”
- ❖ Stand behind the person and wrap your arms around them
- ❖ Place your fist about two fingers below the sternum with your thumb bent
- ❖ Place your other hand over your fist
- ❖ Perform swift upward movements until the object comes out
- ❖ If this is not working yell for help and call 911

# Someone Swallows Poison

- ❖ Call Poison control 1-800-222-1222
- ❖ If poison is on clothes, remove the clothes
- ❖ If poison is in the eyes, take the person to the sink and rinse with clear water



# What to do if you are abducted



# What to do if you are abducted



# Abduction

- ❖ NEVER stay alone in a car
- ❖ Establish a family code word and never go with someone who does not know the code
- ❖ Never leave the group
- ❖ Kick, scream and say “I don’t know this person, help me.” **MAKE A SCENE!**

**Congratulations!!!!**

Once you have submitted your escape plan, you have earned the Red Alert honor

**Thank you for your participation**



Instructor **Deborrah Jackson** for an excellent honor presentation! It would be impossible for us to continue our operation without volunteers like you. May God bless you!

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